

## Seniors Lead Bulldogs in First Meet

By Judy Rogers

The Golden Plains Bulldogs competed in their first track meet of the season at the Northern Valley Invitational in Colby on April 15. Several of the boys placed in the top six while others set the pace for improvements during the upcoming season.

Senior Zach Spesser, who has been a consistent performer in triple jump, claimed the only first place spot for the team as he triple-jumped is way to 41'2". Zach also earned points for the team in long jump with a 5<sup>th</sup> place 18'9" and ran the 100m dash in 12.94 seconds.

Another senior, Tristan Schwarz, placed second in Discus with a throw of 122'9" and threw the shot put 39' 2.75". Grant Spesser, also a senior for the Bulldogs, placed 5<sup>th</sup> in the 110m hurdles with a time of 19.16 seconds in finals after running 18.72 in prelims, jumped 16'11" in long jump, and threw the javelin 114'1".

Senior Josh Barnhart also ran the 110m hurdles, just missing points placing 7<sup>th</sup> with a final time of 20.26 following a 19.24 run in prelims. He also ran the 200m in 27.08 seconds. Senior Jacob Antholz also performed well for the Bulldogs in both discus (97'1") and shot put (34'7").

Cole Ziegelmeier, a sophomore, scored the final points for the Bulldogs with a fifth place finish in the 3200m run with a time of 12:29.91. Ziegelmeier also ran the 1600m finishing in 6<sup>th</sup> place (5:25.28) and ran the 800m with a time of 2:30.92 just missing points in 8<sup>th</sup> place.

Kade Wessel also joins the team from the sophomore class. He ran the 100m (14.27), 200m (29.68), and the 400m (1:05.95). His brother, Koi, also a sophomore, ran the 100m (14.47), threw the shot put (28' 8.25"), the discus (81'11") and the javelin (89'0").

Two freshmen competed for the team including Dawson Spesser who ran the 200m (29.98), jumped 15'4" in long jump, and 33' 9.5" in triple jump. Nick Brown spent his first meet on the track running the 800m (2:47.95) and the 1600m (6:09.61).

"It was a good start to the season," said Josh Barnhart. "We know where we are at and where we need to go." They will look to improve their times and distances as they travel to Logan on April 21 for the Northern Valley Invitational.